

Our Lady of Compassion Catholic Primary School
Relationships and Sex Education (RSE) – A Journey in Love
Whole School Teaching Map Focus 2019



Year Group	Theme	Physical	Social	Emotional	Intellectual	Spiritual
Nursery	<p>Wonder at God’s Love</p> <p>Learning Objective: Children begin to know and understand that they are part of the wonder of God’s love and creation.</p> <p>Key words: God, wonder, love, creation, hands, fingers, nails, fac</p>	<p>Focus on their hands Eg. Size, length of finger, nails.</p> <p>Focus on each other’s eyes and note colour and shape.</p> <p>Focus on their faces and whole body shapes, size, shape and features.</p>	<p>Do we all look the same?</p> <p>How many boys and girls are in our class?</p>	<p>Begin to observe and become sensitive to facial expressions.</p> <p>Focus on individual expressions.</p> <p>Help each other to discover the beauty of our smiles.</p>	<p>Focus on the cause of happy and sad feelings.</p> <p>Identify the signs of feeling happy and sad.</p> <p>Observe expressions in photographs and newspapers.</p>	<p>Focus on the wonders of God’s world Eg. People, animals, trees, land, seas etc.</p> <p>See our special place as part of the wonder of God’s creation.</p>
Reception	<p>God loves each of us in our uniqueness</p> <p>Learning Objective: Children know and understand that God has made them unique and that although we are all different we are all special to him.</p> <p>Key words: God, unique, different, special, eyes, hair, boy/girl, hands, fingers, name, family, love, womb, describe.</p>	<p>Does it matter if we are different?</p> <p>Look at me—How am I different to you?</p> <p>Look at you—How are you different from me?</p>	<p>With whom do I play with at school/home?</p> <p>Why do people play with me?</p> <p>Name our favourite games.</p>	<p>How do you feel about your friends?</p> <p>Do you both have other friends at school/home?</p> <p>Why do you play with them?</p>	<p>Is it important to have friends?</p> <p>Describe a good friend.</p>	<p>Is Jesus our friend?</p> <p>Children are special to God.</p> <p>Who is the Mother of Jesus? Why is she special?</p> <p>Jesus grew for nine months in Mary’s womb.</p>

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Year 1	<p>We meet God's love in our family</p> <p><i>Learning objective:</i> Children know and understand that they are growing and developing as members of their own family and God's family.</p> <p><i>Key words:</i> unique, friend, God, important, different, special</p>	<p>Who is in my family?</p> <p>How many of us have babies in our families?</p> <p>Recognise that babies come in different sizes.</p> <p>Talk about how fast babies change and grow.</p>	<p>Find out about our family and tell our class.</p> <p>Parents share the wonder and excitement of moments of growth and development.</p>	<p>What are the happiest moments in our family? Eg. Birthdays, weddings etc.</p> <p>What are the saddest moments in our families? Eg. Death of pets, leaving home etc.</p> <p>How is love shown in your family?</p>	<p>Why do we need to grow up in families?</p> <p>What happens if you grow up without a family? Would it be a happy experience?</p> <p>What would you miss? How would life be different?</p>	<p>We are members of God's family.</p> <p>How were we born into God's family?</p> <p>What special title do we give to God as members of God's family? Eg. Our Father, Jesus our Brother, Holy Spirit our Friend and Guide.</p>

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Year 2	<p>We meet God's love in the community</p> <p><i>Learning objective:</i> Children know and understand that they are growing and developing in a God-given community.</p> <p><i>Key words:</i> God, community, family, father/mother, carer/guardian, feelings, emotions</p>	<p>Do you belong to a community?</p> <p>What other community do you belong to?</p> <p>How do you belong to these communities?</p>	<p>Is belonging to a community important?</p> <p>What do we receive from the community we belong to?</p> <p>What do we give to the community we belong to?</p>	<p>How does a community help us to develop our feelings and emotions?</p> <p>Are we always happy in our community?</p> <p>Are we, as a community, sometimes sad or upset?</p>	<p>Could people feel alone even though they belong to a community?</p> <p>What would they miss out on?</p> <p>What are the advantages of being on your own?</p>	<p>If God is called 'Our Father' what does that make us?</p> <p>As children of God how should we treat each other?</p>

<p style="text-align: center;">Year 3</p>	<p style="text-align: center;">How we live in love</p> <p>Learning objective: Children know and understand the virtues essential to friendship, e.g. Loyalty, responsibility... and experience the importance both of forgiving and being forgiven and of celebrating God's forgiveness.</p> <p>Key words: Personal, privacy, personal space</p>	<p>Who takes care of me?</p> <p>How do I look after myself? Eg. Safety, crossing the road, healthy eating.</p> <p>How am I changing?</p>	<p>How do I keep myself safe?</p> <p>How do I help others to make and keep friends?</p> <p>How do I take care of others?</p>	<p>How do you feel when a friend is not there for you?</p> <p>How do your friends feel when you are not there for them?</p> <p>How can you be a more supportive friend?</p>	<p>Can you recognise the difference between being alone and being lonely?</p> <p>To recognise the need for personal privacy. Eg. personal space.</p>	<p>Jesus accepted, welcomed and forgave Zaccheus.</p> <p>How can I forgive and include others like Jesus did?</p> <p>Consider what we like about our special friends and share.</p>
<p style="text-align: center;">Year 4</p>	<p style="text-align: center;">God loves us in our Differences</p> <p>Learning objective: Children know and understand that they are all different and celebrate these differences as they appreciate that God's love accepts us as we are and as we change.</p> <p>Key words: Gifts, talents, difference, development, change, conflict, appreciate, celebrate, achievement, male and female body parts</p>	<p>Continue to recognise that all pupils grow and develop at different rates.</p> <p>Name the different male and female body parts and introduce their various functions.</p> <p>Identify the development of the baby in the womb.</p>	<p>How do I learn to accept and celebrate who I am?</p> <p>How do I accept difference in others?</p> <p>How do I deal with difference and manage the conflicts that arise?</p>	<p>How do I appreciate my own gifts talents, achievements and all that make me unique?</p> <p>How do I appreciate others and the gifts they have been given?</p> <p>How do I deal with the natural, negative emotions that present themselves?</p>	<p>Can I identify and name my feelings?</p> <p>Do I know and understand what these feelings are?</p> <p>How do I deal with what I feel, and can I analyse my feelings and actions?</p>	<p>St. Paul's teachings on love.</p>

<p>Year 5</p>	<p>God loves me in my changing and Development</p> <p>Learning objective: Children know and become aware of physical and emotional changes that accompany puberty – sensitivity, mood swings, anger, boredom etc. and grow further in their understanding of God’s presence in their daily lives.</p> <p>Key words: God, sensitivity, puberty, presence, celebrate, external, internal, change, develop, menstruation, ovulation, production, reproduction, hormones</p>	<p>Discuss the external and internal changes which happen to boys and girls during puberty.</p> <p>Recognise that sexual development is a natural part of human growth and that physical changes from child to adult means the ability and potential to be a mother or father.</p> <p>The purpose of the menstrual cycle is to prepare the female body for reproduction.</p>	<p>Recognise behaviour changes as we grow up. Expectations are different and are often dependent on our experiences and treatment by others and our views of the world in which we live.</p> <p>Reflect on ways to become more sensitive to the emotional development of oneself and others.</p>	<p>Identify and celebrate the ways I have changed since birth</p>	<p>Share their understanding of change through poetry, prayer, art etc.</p> <p>Share with each other and celebrate the wonder of change.</p>
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Year 6	<p>The wonder of God’s love in creating new life</p> <p><i>Learning objective:</i> Children develop in an appropriate way for their age, an understanding of sexuality and grow further in their appreciation of their dignity and worth as children of God.</p> <p><i>Key words:</i> Appropriate, dignity, sexuality, intercourse, conceive, relationship, uterus, fallopian tubes, marriage</p>	<p>Explain how human life is conceived.</p> <p>Look at the illustrations of the organs of the human body including male and female reproductive organs. Sexual intercourse between husband and wife is a joyful expression of their love for each other.</p> <p>It is an act of self-giving, made by two people who want to give everything of themselves to the person they love and respect.</p>	<p>Recognise and compile a list of the signs of love expressed in those around us Eg. Signs of love between those who care for us, loving couples, older people.</p> <p>Reflect on the different degrees of friendship that exist eg. School friends, close friends, best friends, mixed gender friends, lifelong friends.</p>	<p>Relationships develop and eventually, we may be able to use the word love.</p> <p>Real love reveals itself in complete commitment.</p> <p>If one is in love with another, certain characteristics follow.</p>		<p>Understand that God causes new life to begin through the love that parents have for each other.</p> <p>Celebrate God’s creative love in creating us as his children and recognise that we grow as human beings to the extent we give and receive love. The on-going understanding of marriage is living out love.</p> <p>As Christians we can appreciate the sheer wonder of the sexual act. God created the incredible natural process by which husband and wife bring new life into the world. The Church celebrates all this in the sacrament of Marriage.</p>