

# Our Lady of Compassion

## *Catholic Primary School*

*"Compassion and achievement for all"*



**Subject Coordinator- Mr Brady**  
**Assistant Subject Coordinator- Mrs Steen**

## **Rationale-**

At Our Lady of Compassion we believe that physical education, experienced in a positive and supportive environment, is a vital contributor to a pupil's physical development and well-being. We have developed a broad and balanced curriculum with the intent of developing the self-confidence in children's ability to manage themselves and their bodies within a variety of movement situations.

Progressive knowledge skills throughout the curriculum, combined with high quality teaching, endeavour to provide stimulating, enjoyable, satisfying and appropriately challenging learning experiences for all pupils. Through the selection of suitably and logically developed tasks, it is intended that pupils, irrespective of their innate ability, will enjoy success and be motivated to further develop their individual potential.

A balance of individual, paired and team activities, in co-operative, collaborative and competitive situations, aims to cater for the preferences, strengths and needs of every pupil. We strive to develop the 'whole child' rather than just their physical ability therefore, incorporate the Schools Games Values into all our lessons and children are awarded for merit on Passion, Self-Belief, Respect, Honesty, Determination and Teamwork.

## **Aims and Objectives**

- To promote physical fitness and a healthy lifestyle in pupils.
- To develop fundamental movement skills and physical literacy.
- To provide opportunities for pupils to participate in a range of physical activities and sports.
- To encourage passion, self-belief, respect, honesty, determination and teamwork in all elements of physical education and physical activity.
- To foster positive attitudes towards physical activity and sport.
- To develop competitive pupils that strive to fulfill their potential both against themselves and others.

## **Health and Safety**

Class teachers and other members of staff are responsible for the safety of the children in their care. PE kit and jewellery rules are understood by the children and are enforced by staff. The teaching area and equipment are assessed for safety prior to a lesson. Children are taught how to safely carry, use and store away equipment. Pupils are not allowed in the equipment store unsupervised. Any problems with unsafe or damaged equipment are reported to the PE Subject leader. Accidents should be logged in the accident book and parents should be informed when necessary.

## **PE Kit**

Children are required to wear white t-shirt, navy shorts/trousers. To maximise participation time in PE, children are required to come dressed in PE kits on the day their class takes part in PE.

## **Resources**

Our Lady of Compassion has two school halls, which are both accessible. There are two playgrounds and a multi use games activity area (MUGA) where we encourage PE lessons to take place. We have a huge variety of equipment that is used for PE and active playtimes. PE equipment is kept in designated storage areas. The PE resources are closely monitored in our school to ensure that they are being used effectively and efficiently. This includes both the equipment and facilities used for PE, as well as the staff and teachers responsible for delivering the instruction.

The equipment and facilities used for PE are regularly inspected to ensure that they are in good condition and safe to use. Any equipment that is damaged or worn is repaired or replaced as needed. We also ensure that we have a sufficient amount of equipment to meet the needs of all students and that it is stored and maintained properly.

We believe that monitoring resources is crucial to ensuring that our PE program is effective and that all students have access to the resources they need to succeed. By closely monitoring resources, we can make sure that our students are safe, and that they are getting the best possible education in physical education.

## **Curriculum**

At Our Lady of Compassion, we have carefully selected a broad and balanced curriculum using the Complete PE scheme of work. All plans are developed from this programme and are adapted to suit the needs of each class and individual requirements of our school. We have included children in the development of our curriculum and acted upon their ideas to select the activities on offer to ensure a broad curriculum linking to the National Curriculum. Our program is designed to challenge students and to help them progress in their physical development. Our curriculum includes a progression of skill levels, starting with introductory skills and gradually moving on to more advanced skills. This progression allows students to build on what they have learned and to achieve new levels of proficiency. By providing a diverse and skill-progressive curriculum, we aim to ensure that every student reaches their full potential and develops a lifelong love of physical activity.

Moreover, each year begins with cross curricular orienteering. Staff are then encouraged to use the course throughout the year in different subjects to enhance active learning and physical activity throughout the school curriculum.

## **Assessment**

Children are formatively assessed during PE lessons using Complete PE notes on lesson plans. This will then inform teachers when summatively assessing children at the end of each unit of work. Children are assessed on PE ability and all social and emotional aspects of PE such as team work, perseverance determination etc. Assessments are made using the Complete PE

assessment tool. This will then be transferred to our whole school assessment portal at the end of the school year.

## **Inclusion**

At Our Lady of Compassion, it is paramount that every child receives an equal opportunity to achieve, regardless of background, ability or special educational needs.

Any children who are identified as having 'specific needs' are given the help that they require to access the curriculum. Children with special educational needs of disability will take as full a part in the Physical Education programme. Depending on the level of disability or specific need, they will be able to experience most activities although some adaptations might be required to the curriculum. Activities are made available to all through differentiation in teacher planning. All planning and knowledge progressions are available on Complete PE. For further advice and guidance, class teachers should consult with the SENCO and/or the Physical Education Coordinator.

## **Subject Coordinator**

PE is monitored and lesson observations are conducted by the PE subject leader throughout the year. The PE Subject Leader annually evaluates the subject as a whole and prepares a new action and development plan. There is a pupil questionnaire sent out each year so that children have a voice in the development of our curriculum and extracurricular activities. There is also a staff questionnaire sent out each year so that staff have a say on the development of the curriculum and future of PE and Sport at OLOC.

## **Role of the coordinator**

The co-ordinators role is to:

- Plan and co-ordinate the implementation of Physical Education.
- Establish monitoring and evaluation strategies.
- Monitor, assess and report on all aspects of Physical Education.
- Keep up to date with requirements and recommendations of PE and school sport.
- Attend relevant training and improve skills and knowledge.
- Update staff with any information/training for Physical Education.
- Liaise with parents and the wider community on aspects related to PE.

## **Staff Development**

- Regular staff meetings/training from the PE coordinator on recent updates/strategies.
- Regular training from Mrs Steen to aid confidence, especially in the delivery of gymnastics and dance.
- Use of Complete PE online portal that has a staff development section.

## **Extracurricular Activities**

At OLOC we take great pride in the planning and implementation of extracurricular activities on offer at our school. We believe that participating in sports extracurricular activities is a valuable part of a well-rounded education and we are proud to provide these opportunities to our students.

The purpose of extracurricular activities is to give further opportunities to children to participate in sport and physical activities. The activities are carefully chosen so that the clubs on offer are opportunities for children to participate in sports that aren't on offer within PE. The activities are also chosen based on the answers from our pupil questionnaire and also activities that children might not have access to outside of school. Furthermore, we have links to a lot of local coaches so that children can further develop skills outside of school. At the beginning of each year, the PE coordinator will develop a plan for the whole school year so that children and parents are aware of activities to be offered throughout the year. We also offer an Enrichment Day each half where children from all year groups will participate in learning or developing a new skill.

## **Competition**

At OLOC, we place a strong emphasis on competition during physical education (PE) classes. We believe that competition can drive students to push themselves to their limits, increase their physical abilities and build their teamwork skills. Our PE curriculum includes a variety of sports and games that are designed to be challenging and encourage competition towards a pupils personal best and among classmates. We also regularly host school-wide tournaments and events where students can showcase their skills and compete against one another. By fostering a competitive environment in PE, we aim to inspire students to lead an active and healthy lifestyle, as well as to develop the school games values we follow.

### **Intra-school competitions (in school competitions)**

Our school offers a wide range of opportunities for students to participate in intra-school competitions. These often link to the activities being covered during PE and pit different house teams or individual children from our school house teams against each other. These intra-school competitions provide students with the chance to showcase their skills, develop their competitive spirit, and bond with their teammates. Additionally, they can also be a great way for students to build school spirit, pride and showcase the School Games Values. We believe that these intra-school competitions are an important part of our sports program, and we strive to provide a wide range of opportunities for students to participate in them.

### **Inter-school Competition (competing against other schools)**

We are proud of the diverse range of sports competitions that our school offers. These activities provide students with the opportunity to develop their physical fitness, teamwork and sportsmanship skills, and compete at a high level. Our school's sports teams are known for their success, and this is a testament to the hard work and dedication of our students, teachers and coaches. Additionally, our sports program allows students to connect with each other, build friendships and create a sense of community which builds the foundation for future participation in sport.

## **Competition for all**

At Our Lady of Compassion, we are committed to ensuring children with SEND can also access both intra and inter school competitions. Children are encouraged to enter all competitions with adaptations being made where appropriate. Furthermore, North Sefton School Games offer specific events for children with a SEND. It is then the job of our PE coordinator and teaching staff to identify children to enter the competitions.

## **Sport Premium and Funding**

The sport premium is government funding provided to schools to improve the quality of physical education and sport in schools. At our school, we carefully allocate this funding to maximise its impact on our students. We do this by identifying areas where the funding can have the most impact, such as providing additional resources and support for our physical education program or increasing the number of extracurricular sports activities offered. We also work closely with our sports coaches and teachers to identify areas that need improvement and allocate funds accordingly. Additionally, we regularly evaluate the impact of the funding to ensure that it is having the desired effect on our students. Our goal is to ensure that every student has access to high-quality physical education and sports opportunities, and we believe that careful spending of the sport premium is the best way to achieve this and create a lasting legacy.